"It is health that is real wealth and not pieces of gold and silver"

– Mahatma Gandhi

Hello everyone!

Hope you all are fit and fine.

Today, we are here with an article on **World Health Day 2023**. In this article, we will cover the theme, history and significance of World Health Day.

World Health Day: Overview

Every year the World Health Day is celebrated by the World Health Organization on **April 7**. The aim of this day is to ensure that everyone, everywhere realizes the right to good health. It is observed annually to create awareness about health and wellbeing. This day is meant to draw the attention of people from all around the world to highlight important health issues. It is also the day to thank all the doctors, nurses, and healthcare workers for their hard work and compassion.

World Health Day 2023 Theme

In the face of a polluted planet, and an increasing incidence of diseases, the theme for World Health Day 2023 is **Health for all**.

The theme for World Health Day 2023 is **'Health for all'**. WHO highlighted how the Covid-19 pandemic has expanded the health inequalities where some people have better access to health services than others. This World Health Day is aimed at creating opportunities for the world to look back at public health successes that have helped improve the quality of life over the past 70 year**s**. The theme is in line with WHO's commitment "to ensuring that everyone, everywhere, can realize the right to good health". In 2022, the theme of World Health Day was "Our Planet, Our Earth".

World Health Day: History

In 1948, the WHO held the **First World Health Assembly**. The Assembly decided to celebrate 7th April as the World Health Day each year. In the year 1950, World Health Day was first celebrated worldwide. World Health Day marks the anniversary of the World Health Organisation which was founded in 1948. The WHO organizes international, regional and local events on the Day related to a particular theme.

World Health Day is one of 11 official global health campaigns marked by WHO. The other ten global health campaigns are:

1. World Tuberculosis Day
2. World Malaria Day
3. World Immunization Day
4. World No Tobacco Day
5. World Blood Donor Day
6. World AIDS Day
7. World Chagas Disease Day
8. World Hepatitis Day
9. World Antimicrobial Awareness Week
10. World Patient Safety Day

Significance of World Health Day

- The day is celebrated to highlight important matters including mental health, maternal and child care, climate change, the importance of healthcare workers, and many more.
- This day aims to spread awareness on achieving a better lifestyle and living a disease-free life.
- It primarily focuses on universal health coverage by fixing medical infrastructure.
- It is also an opportunity to draw the attention of the world towards a specific health problem and raise awareness about it.
- It reminds people about the establishment of WHO and spread awareness among people about major health issues in the world.
- Overall, this day is seen as an opportunity to draw worldwide attention to a subject of major importance to global health each year.

So, this was all about World Health Day 2023. We have covered all the relevant points related to this topic. Hope you enjoyed reading it. We will be back with more such interesting articles, till then go check out our last article on National Policy for Rare Diseases, 2023.

Thank you