

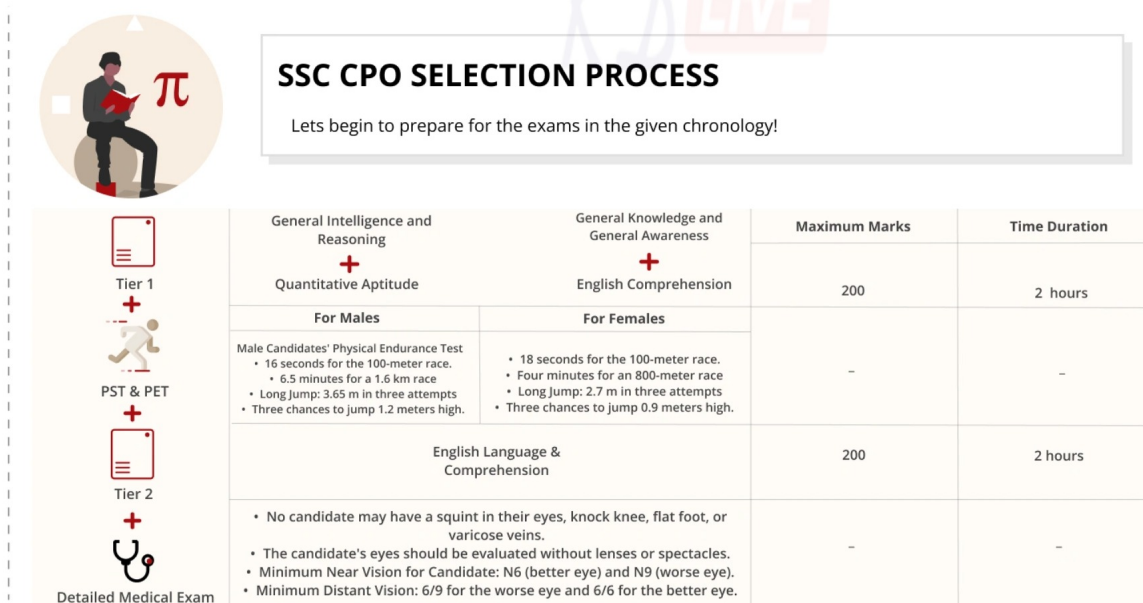
SSC CPO 2024 Selection Process - Ladder to Your Dream Job

To begin on the journey to become a part of the esteemed SSC CPO 2024 requires a clear understanding of the selection process, and you've come to the right place for guidance. This blog is not just about information; it's your companion throughout the SSC CPO 2024 selection process. We'll be your navigators, providing comprehensive insights into each stage and equipping you with the knowledge needed to sail through the eligibility criteria, exam stages, and preparation strategies.

Whether you're a first-time aspirant or looking to level up your preparation game, we are dedicated to making this journey interactive and ensuring you're well-prepared for the challenges that lie ahead of you. Ready to explore the SSC CPO 2024 selection process together? Let's dive in!

SSC CPO 2024 Selection Process - Overview

Understanding how the SSC CPO 2024 selection process is crucial for smart preparation and building a confident strategy. It helps you plan your approach strategically, aligning your efforts with each stage's unique requirements and increasing your chances of success. Recognizing the significance of grasping the SSC CPO 2024 selection process, let's provide you with an overview of all the details and stages with the help of an infographic.



[Source: KD Live]

Let's understand the

breakdown of Part 1 of the SSC CPO 2024 selection process:



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1. Online Exam (Tier-I/Paper 1):

- Encounter an online exam with multiple-choice questions.
- Test your knowledge with objective questions.

2. Physical Efficiency Test (PET) and Physical Standard Test (PST):

- Undergo PET and PST to assess your physical fitness.
- Activities include running, long jump, high jump, and short put.

3. Online Exam (Tier-II/Paper 2):

- Face another online exam with objective questions.
- Focus on English Language and Comprehension.

The SSC CPO 2024 selection process puts your abilities to the test through these stages, providing a thorough assessment of your skills and fitness. Now, let's take in consideration each of these stages individually.

SSC CPO 2024 Selection Process - Part I

As mentioned above, the SSC CPO Examination consists of two papers. To begin with, let us first understand what all comes under the first stage of the SSC CPO selection process. Since, it's a Computer Based Exam, there are four subjects in Paper 1:

- General Intelligence and Reasoning
- General Knowledge and Awareness
- Quantitative Aptitude
- English Language and Comprehension

Now let us proceed forward to the actual SSC CPO Exam Pattern for Paper 1, with the help of a snippet from the official CPO notification.

Part	Subject	Number of Questions	Maximum Marks	Time Duration
I	General Intelligence and Reasoning	50	50	2 Hours
II	General Knowledge and General Awareness	50	50	
III	Quantitative Aptitude	50	50	
IV	English Comprehension	50	50	

[Source: ssc.nic.in]



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Let us further explain you in detail with the help of some important points:





- Paper 1 is a Computer Based Examination (CBE).
- There are 200 questions in Paper 1, and each question is worth 1 mark.
- The time allotted for these 200 questions is 120 minutes, i.e., 2 hours.
- Remember that there will be no negative marking **if you do not attempt a question**.
- However, in case you select a wrong answer, 1/3rd of the assigned mark will be deducted for **each wrong answer**.

We hope that you complete clarity on the stage I or Part I of the Selection process. Let us now move on to the part II of the selection process i.e., PET/PST.

SSC CPO 2024 Selection Process - Part II

In Part 2 of the SSC CPO 2024 selection process, you will undergo the Physical Standard Test and the Physical Endurance Test, tailored to assess physical fitness. Before proceeding any further, please have a view at the infographic provided below:

Physical Endurance Test

Males → 100 M & 1.6 Kms Females → 100 M, 800 M	Males → 3.65 M Females → 2.7 M	Males → 1.2 M Females → 0.9 M	Males → 1.2 M
			
Race	Long Jump	High Jump	Shot put

[Source: KD Live]

Let us now understand the Physical Standard Test and Physical Endurance Test individually.

SSC CPO 2024 Selection Process - PST

The PST can even be categorised as an eligibility criterion since it has standard requirements for the following:

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- Height
- Chest
- Weight

However, these are different for men and women. Moreover, we have provided you with a table below to provide you with an understanding regarding the measurements of height, chest, and weight for PST.

Category	Height (in cm)	Unexpanded Chest (in cm)	Expanded Chest (in cm)
Male	170	80	85
Candidates belonging to hilly areas	165	80	85
Schedule Tribes	162.5	77	82
Female	157	-	-
Female candidates belonging to hilly areas	155	-	-
Schedule Tribes (female)	154	-	-

Now that you are well aware of the physical requirements that you need to fulfill, let us proceed on to know what is included in a Physical Endurance Test.

SSC CPO 2024 Selection Process - PET

As the name suggests, it is a test to check the fitness level of the candidates who have cleared Paper 1 and have even qualified for PST. Let us understand these in detail.

Firstly, for male candidates, the PET includes each of the following tests:

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- 100 metre race in 16 seconds
- 1.6 Kms race in 6.5 minutes
- Long Jump: 3.65 metre in 3 chances
- High Jump: 1.2 metre in 3 chances
- Shot put (16 Lbs): 4.5 metre in 3 chances

Secondly, for female candidates, the PET includes each of the following tests:

- 100 metre race in 18 seconds
- 800 metre race in 4 minutes
- Long Jump: 2.7 metre in 3 chances
- High Jump: 0.9 metre in 3 chances

Now, let's proceed onto the third phase of the SSC CPO 2024 Selection Process, which again will be a Computer Based Examination.

SSC CPO 2024 Selection Process - Part III

After clearing the PST or PET, you are qualified to appear in Paper 2. However, it consists of only one subject, i.e., English Language and Comprehension. The image below has provided you with details like the number of questions, total marks, and the time allotted for this paper:

Subject	Number of Questions	Maximum Marks	Time Duration
English language & Comprehension	200	200	2 Hours

[Source: ssc.nic.in]

- Paper 2 is a Computer Based Examination (CBE).
- There are 200 questions in Paper 2, and each question is worth 1 mark.
- The time allotted for these 200 questions is 120 minutes, i.e., 2 hours.
- Remember that there will be no negative marking **if you do not attempt a question.**
- However, in case you select a wrong answer, 1/3rd of the assigned mark will be deducted for **each wrong answer.**

Let us now proceed on to the final phase of the SSC CPO 2024 Selection Process, i.e., Detailed Medical Examination.

SSC CPO 2024 Selection Process - Part IV

Once you have passed Paper 2, you have to go through a medical examination conducted by the Medical Officer of the CAPFs or any other Medical Officer or Assistant Surgeon belonging to Grade I of any Central or State Government Hospital or Dispensary.

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The criteria for the medical examination are as follows:

- Knock knees, flat feet, varicose veins, or squints are disqualifying.
- Eye Standards:
 - Near Vision: N6 (better eye) and N9 (worse eye)
 - Distant Vision: 6/6 (better eye) and 6/9 (worse eye)
 - Candidates should have good eyesight without glasses/lenses.

That was all about the SSC CPO 2024 selection process, you may proceed further to know your eligibility for this examination along with marking some crucial dates on your calendar.

SSC CPO 2024 Eligibility Criteria

It is important for you to know and understand your eligibility criteria for the CPO exam 2024 before proceeding on with the SSC CPO 2024 selection process. There are four primary eligibility criteria for the CPO recruitment exam 2024. These include:

- **Nationality:** You must be either a citizen of India or a subject of Nepal or Bhutan
- **Age Limit:** Your age should not be below 20 and above 25 years.
- **Educational Qualification:** You must possess a bachelor's degree from a recognized university or equivalent.
- **Physical Qualification**

To know these criteria in detail, you can read our blog [SSC CPO Eligibility Criteria 2024](#). Now that you are aware of your eligibility for the SSC CPO exam, are you curious to know about the vacancies and the pay scale?

SSC CPO 2024 Important Dates

Stay updated with the crucial dates for SSC CPO 2024 to ensure you don't miss any significant milestones. Just remember that these dates are tentative and can be changed by SSC. Moreover, the provided information is reliable as it is drawn from the [SSC Exam Calendar 2024-25](#).

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SSC CPO Exam Date

Check Important Dates to Register and give exams

Tentatively
15 February 2024

SSC CPO 2024
Notification
Release Date

Tentatively
15 February 2024

SSC CPO 2024
Application
Open Date

Tentatively
14 March 2024

SSC CPO 2024
Application
Closing Window

Tentatively
9th, 10th & 13th May 2024

SSC CPO 2024
Exam Date

[Source: KD Live]

Mark these dates on your calendar to stay on track with your SSC CPO 2024 journey! Also, ensure to regularly visit the official [SSC website](#) during the above mentioned timeline.

Explore a clearer understanding of the SSC CPO 2024 selection process through this blog. This exam is your platform to demonstrate your knowledge and skills. So, study with determination, stay focused, and give it your absolute best. Your present efforts pave the way for the promising future you're striving for. Best of luck on your SSC CPO 2024 journey! For more examination related information like [syllabus](#), eligibility criteria, [exam dates](#) and more refer to [KD Live](#).