

SSC GD Constable Exam Pattern - 80 Questions in 60 Minutes

Embarking on the journey towards a career in law enforcement with the Staff Selection Commission General Duty Constable exam is an exciting prospect for many aspirants. To succeed in this competitive examination, it is imperative to have a thorough understanding of the SSC GD Constable Exam Pattern. Within this comprehensive guide, we will navigate through the SSC GD Constable Exam Pattern, providing you with all the essential information required for success.

This blog encompasses vital dates, syllabus breakdowns, and everything you need to know to excel in the Indian Police Force. By the end of this exploration of the SSC GD Constable Exam Pattern, you will be well-equipped with the knowledge necessary for success, having gained insights into the exam structure, marking schemes, syllabus, and more.

SSC GD Constable Exam Pattern - An Overview

As you start your journey with the SSC GD Constable Exam, you'll encounter a multi-tier selection process meant to evaluate you on various aspects, making sure you have the required skills and knowledge for the role. Let's dive into the details of the SSC GD Exam Pattern together to understand its finer points.



SSC GD Constable Exam Pattern

Lets begin to prepare for the exams in the given chronology!

| | | Maximum Marks | Time Duration |
|--------------------|---|---------------|---------------|
| <p>CBT</p> | General Intelligence and reasoning + Elementary mathematics | 160 | 60 minutes |
| | General knowledge and General awareness English/Hindi | | |
| <p>PET and PST</p> | Physical Efficiency Test and Physical Standard Test | - | - |

[Source: KD Live]

Furthermore, to begin with, there's the computer based exam, which comprises 80 questions with a maximum score of 160. Following that is the physical efficiency test and physical standard test, and lastly, the medical examination (DME).

SSC GD Constable Exam Pattern - CBE

In the computer-based examination, you will encounter one objective-type paper with 80 questions, each carrying 2 marks. The composition is as follows:

SSC GD Constable Exam Pattern - 80 Questions in 60 Minutes**General Intelligence and Reasoning**

- Number of Questions: 20
- Maximum Marks: 40

General Knowledge and General Awareness

- Number of Questions: 20
- Maximum Marks: 40

Elementary Mathematics

- Number of Questions: 20
- Maximum Marks: 40

English/Hindi

- Number of Questions: 20
- Maximum Marks: 40

| Part | Subject | Number of Questions | Maximum Marks | Duration/ Time Allowed |
|---------|---|---------------------|---------------|------------------------|
| Part-A | General Intelligence and Reasoning | 20 | 40 | 60 minutes |
| Part-B | General Knowledge and General Awareness | 20 | 40 | |
| Part -C | Elementary Mathematics | 20 | 40 | |
| Part-D | English/ Hindi | 20 | 40 | |

[source: ssc.nic.in]

All the questions will be of the objective multiple-choice type, and the computer-based examination will be conducted in English and Hindi only.

Physical Efficiency Test (PET)

Based on your performance in the Computer Based Examination (CBE), the Commission will shortlist you for the Physical Efficiency Test (PET) and Physical Standard Test (PST). These tests will take place at different centres determined by the CAPFs.

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You, as a candidate, must complete the race within the specified time limits:

Males

- Race: 5 km
- Time limit: 24 minutes
- Race for Ladakh Region: 1.6 km
- Time Limit for Ladakh Region: 6 ½ minutes

Females

- Race: 1.6 km
- Time Limit: 8 ½ minutes
- Race for Ladakh Region: 800 metres
- Time Limit for Ladakh Region: 4 minutes

| | Male | Female | Remarks |
|------|------------------------|-------------------------|---|
| Race | 5 Kms in 24 minutes. | 1.6 Kms in 8 ½ minutes | For candidates other than those belonging to Ladakh Region. |
| | 1.6 Kms in 6 ½ minutes | 800 metres in 4 minutes | For candidates of Ladakh Region. |

[source: ssc.nic.in]

Physical Standard Test (PST)

In the Physical Standard Test (PST), your physical standards for the posts are outlined as follows:

Height

- For males: 170 cm
- For females: 157 cm

Certain categories of candidates are eligible for relaxation in height. The relaxed standards for height for such candidates are as follows:

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| S No | Relaxation for | Male (Cms) | Female (Cms) |
|------|--|------------|--------------|
| (a) | All candidates belonging to Scheduled Tribes | 162.5 | 150.0 |
| (b) | All Scheduled Tribe candidates of North Eastern States (NE States) | 157.0 | 147.5 |
| (c) | All Scheduled Tribe candidates of Left Wing Extremism affected districts | 160.0 | 147.5 |
| (d) | Candidates falling in the categories of Garhwalis, Kumaonis, Dogras, Marathas and candidates belonging to the States/ UTs of Assam, Himachal Pradesh, Jammu & Kashmir and Ladakh | 165.0 | 155.0 |
| (e) | Candidates hailing from the North-Eastern States of Arunachal Pradesh, Manipur, Meghalaya, Mizoram, Nagaland, Sikkim and | 162.5 | 152.5 |

[source: ssc.nic.in]

| | | | |
|-----|--|-------|-------|
| | Tripura | | |
| (f) | Candidates hailing from Gorkha Territorial Administration (GTA) comprising of the three Sub-Divisions of Darjeeling District namely Darjeeling, Kalimpong and Kurseong and includes the following "Mouzas" Sub-Division of these Districts : (1)Lohagarh Tea Garden (2) Lohagarh Forest (3) Rangmohan (4) Barachenga (5) Panighata (6) ChotaAdalpur (7) Paharu (8) Sukna Forest (9) Sukna Part-I (10) Pantapati Forest-I (11) Mahanadi Forest (12) Champasari Forest (13) SalbariChhatpart-II (14) Sitong Forest (15) Sivoke Hill Forest (16) Sivoke Forest (17) ChhotaChenga (18) Nipania. | 157.0 | 152.5 |

[source: ssc.nic.in]

Chest

For male candidates like yourself, the chest measurement standards are as follows:

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- Un-expanded chest: 80 cm
- Minimum Expansion: 5 cm

| S No | Relaxation for | Un-expanded (cms) | Minimum Expansion (cms) |
|------|--|-------------------|-------------------------|
| (a) | All candidates belonging to Scheduled Tribes | 76 | 5 |
| (b) | Candidates falling in the categories of Garhwalis, Kumaonis, Dogras, Marathas and candidates belonging to the States/ UTs of Assam, Himachal Pradesh, Jammu & Kashmir and Ladakh | 78 | 5 |
| (c) | Candidates hailing from North-Eastern States of Arunachal Pradesh, Manipur, Meghalaya, Mizoram, Nagaland, Sikkim, Tripura and Gorkha Territorial Administration (GTA) | 77 | 5 |

[source: ssc.nic.in]

Weight

Your weight should be proportionate to your height and age, in accordance with medical standards.

Medical Examination

Following your success in the Physical Efficiency Test (PET) and Physical Standard Test (PST), you'll be chosen from the pool of qualifying candidates for a Detailed Medical Examination (DME). This examination is a crucial step in assessing your medical fitness for the role.

Now that we've provided you with an overview of the SSC GD Constable Exam Pattern, let's delve into the details of the SSC GD Constable Notification.

SSC GD Constable Notification

As you get ready for the SSC GD Constable Exam, think of the

[SSC GD Constable Notification](#)

as your official guidebook. It's like a formal announcement that shares all the important details you need to know about the SSC GD Constable Exam Pattern. Furthermore, inside, you'll find information about how to apply, who can apply, when the exam is, and other important stuff you should know before applying.

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Moreover, consider the SSC GD Constable Notification your go-to source of information. It's there to not just keep you in the loop but to help you prepare well for the challenges of the SSC GD Constable Exam.

SSC GD Constable Syllabus

Beginning your quest for success in the SSC GD Constable exam necessitates having a well-defined plan and a comprehensive awareness of the path ahead. Stepping into the realm of competitive examinations may seem overwhelming, but don't worry—we're here to assist you in navigating through the syllabus.

- General Intelligence and Reasoning
- General Knowledge and General Awareness
- Elementary Mathematics
- English/ Hindi

Nevertheless, if you desire a detailed analysis of the subjects on a topic-by-topic basis, kindly refer to our blog on the [SSC GD Constable Syllabus](#)

SSC GD Constable Marking Scheme

The presence of negative marking highlights the importance of accurate and cautious decision-making while responding to questions. Furthermore, negative marking significantly influences your overall scores in the SSC GD Constable exam.

- You, as a candidate, have 80 questions to answer within a 60-minute duration.
- Each correct answer adds 2 marks to your score.
- The GD Constable exam in 2024 will involve a deduction of 0.25 marks for negative marking, whereas the 2023 GD Constable exam imposed a higher penalty of 0.50 marks for the same.
- There is no negative marking for questions left unanswered or blank.

SSC GD Constable Marks Normalization

Let's begin by understanding what the normalization of marks entails. It's a statistical method designed to consider any variations in the difficulty level of question papers across different shifts of the same exam. Comparing scores directly might not be fair due to potential changes in question complexity between shifts. Consequently, normalization addresses this issue by equalizing the scores, ensuring a more equitable evaluation of candidates.

Furthermore, your scores in the computer-based examination will be normalized using the formula specified by [SSC](#)

in

[Notice No. 1-1/2018-P&P-I dated February 7, 2019](#)

. These normalized scores, along with additional marks for NCC Certificate holders, will determine the final merit list and cut-off marks.



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To make it clear,

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underlines the significance of grasping the SSC GD Constable Exam Pattern for your exam readiness. Keep in mind that consistent practice, effective time management, and a thorough understanding of the syllabus are your companions on this journey. As you commence your preparation, stay focused and motivated. This exam pattern serves as your guide to success in the SSC GD Constable Exam, and with committed efforts, you can attain your aspiration of serving your nation in the armed forces.



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