

Pattern of SSC CPO - 200 Questions in 120 Minutes

Dreaming of joining the Delhi Police and Central Armed Police Forces? Your opportunity has arrived! The SSC CPO exam is your gateway to this prestigious career, and understanding its pattern is crucial. You're in the right place to get all the details you need. In this blog, we'll break down the pattern of SSC CPO in a simple and engaging way, ensuring you're well-prepared for every stage. Ready to dive in and kick-start your preparation? Let's explore the exam pattern together and set you on the path to success!


Moreover, if you want to check out the

[official SSC CPO Notification 2024](#)

, you can do so by clicking on the embedded link. Moving ahead, let's dive into the details regarding the SSC CPO Exam Pattern.





Pattern of SSC CPO - Overview

First things first, let's provide you with an overview of Pattern of SSC CPO to focus your preparation effectively. The exam consists of several stages: Paper 1 (a Computer-Based Exam), followed by the Physical Efficiency Test (PET) and the Physical Standard Test (PST). After that, there's Paper 2, another Computer-Based Exam, and finally, the Detailed Medical Examination. Check out the image below for a quick overview of the Pattern of SSC CPO. Ready to explore each stage and ace your preparation? Let's dive in!



SSC CPO EXAM PATTERN 2024

Lets begin to prepare for the exams in the given chronology!

			Number of Questions/ Maximum Marks	Time Duration
 Paper 1 +  Paper 2	General Intelligence & Reasoning + English Comprehension	General Knowledge & General Awareness + Quantitative Aptitude	200/200	120 minutes
	English language and Comprehension		200/200	120 minutes
 + 	As mentioned in the notification.		-	-

[Source: KD Live]

Now that we've understood the sequence of the CPO exam, let's dive into the details of the Pattern of SSC CPO for all these stages.

Pattern of SSC CPO - Paper 1

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The SSC CPO Exam has two papers. Let's dive into Paper 1 Pattern of SSC CPO, featuring four key subjects: General Intelligence and Reasoning, General Knowledge and General Awareness, Quantitative Aptitude, and English Comprehension.

Paper-I:

Part	Subject	Number of Questions	Maximum Marks	Time Duration
I	General Intelligence and Reasoning	50	50	2 Hours
II	General Knowledge and General Awareness	50	50	
III	Quantitative Aptitude	50	50	
IV	English Comprehension	50	50	

[Source: ssc.gov.in]

- Paper 1 of the SSC CPO is a Computer Based Examination (CBE).
- It consists of 200 questions, with each question worth 1 mark, allowing for a maximum score of 200.
- You'll have 2 hours, or 120 minutes, to finish this paper.
- Notably, there's no penalty for leaving questions unanswered.
- However, each incorrect response will result in a deduction of 0.25 marks as a penalty.

Pattern of SSC CPO - PST/PET

Now, let's delve into the Physical Standard Test (PST) and the Physical Endurance Test (PET). After clearing Paper 1, you'll face PST followed by PET. Let's break down each of these assessments in detail:

Physical Standard Test

The PST sets the bar for eligibility, assessing candidates like you based on standard requirements. These criteria vary for men and women. Check out the table below for a clear understanding of the height, chest, and weight measurements for PST.

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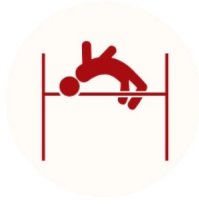

SSC CPO Physical Standard Test 2024			
Category	Height	Chest	
		Unexpanded	Expanded
Male (General)	170	80	85
Belonging to Hilly Regions of J&K, North East & Sikkim	165	80	85
Scheduled Tribe	162.5	77	82
Female (General)	157	-	-
Belonging to Hilly Regions of J&K, North East & Sikkim	155	-	-
Scheduled Tribe	154	-	-

Now that you're familiar with the essential physical standards, let's dive into what the Physical Endurance Test (PET) entails. Get ready to discover the challenges and tasks that await you in this test of endurance and fitness!

Physical Endurance Test

Welcome to the Physical Endurance Test (PET), where your fitness is put to the ultimate test! Let's break down what's in store for both male and female candidates:

Physical Endurance Test

<p>Males</p> <p>→ 100 M & 1.6 Kms</p> <p>Females</p> <p>→ 100 M, 800 M</p>  <p>Race</p>	<p>Males</p> <p>→ 3.65 M</p> <p>Females</p> <p>→ 2.7 M</p>  <p>Long Jump</p>	<p>Males</p> <p>→ 1.2 M</p> <p>Females</p> <p>→ 0.9 M</p>  <p>High Jump</p>	<p>Males</p> <p>→ 1.2 M</p>  <p>Shot put</p>
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[Source: KD Live]

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For Male Candidates:

- 100m race in 16 seconds
- 1.6km race in 6.5 minutes
- Long Jump: 3.65m in 3 chances
- High Jump: 1.2m in 3 chances
- Shot Put (16 lbs): 4.5m in 3 chance

For Female Candidates:

- 100m race in 18 seconds
- 800m race in 4 minutes
- Long Jump: 2.7m in 3 chances
- High Jump: 0.9m in 3 chances.

Now that we've conquered the second phase, let's dive into the next stage: Paper 2 of the SSC CPO Exam.

Pattern of SSC CPO - Paper 2

Once you've aced the PST or PET, you're one step closer to Paper 2. This stage includes only one subject which is English Language and Comprehension. Take a peek at the image below for details on the number of questions, total marks, and time allocated for this crucial paper:

PAPER-II:

Subject	Number of Questions	Maximum Marks	Time Duration
English language & Comprehension	200	200	2 Hours

[Source: ssc.gov.in]

- In Paper 2, a Computer Based Examination (CBE) awaits you.
- You'll tackle 200 questions, each carrying a mark.
- You have a total of 2 hours (120 minutes) to navigate through these questions.
- Remember, there's no penalty for leaving a question unanswered.
- But beware, for each incorrect response, 0.25 of the mark will be deducted.

Now, let's move forward to the final phase of the Pattern of SSC CPO: the Detailed Medical Examination.

Pattern of SSC CPO - Detailed Medical Examination



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After successfully clearing Paper 2, the next hurdle is the Detailed Medical Examination administered by the Medical Officer of the CAPFs or any other Medical Officer or Assistant Surgeon belonging to Grade I of any Central/ State Govt. Hospital or Dispensary. Here's what you need to know about the requirements for the SSC CPO Medical Test:

- Near Vision: N6 (the better eye) and N9 (the worse eye) are essential.
- Distant Vision: The minimum requirement is 6/9 for the worse eye and 6/6 for the better eye.
- Physical Conditions: Candidates must not have a squint in the eyes, knock knees, flat foot, or varicose veins.
- Vision Correction: Eye standards should be maintained without any vision correction, including spectacles.

Now that you're well-versed with the Pattern of SSC CPO, let's delve deeper into the core of the examination, paving the way for effective preparation.

SSC CPO Syllabus

Now that we've decoded the Pattern of SSC CPO and gained insights from the official notification, it's time to answer the question of what to study for the SSC CPO exam. Let's delve into the syllabus for the SSC CPO Examination.

SSC CPO Syllabus Paper 1

- General Intelligence and Reasoning
- General Knowledge and General Awareness
- Quantitative Aptitude
- English Comprehension

The image below encompasses all the topics covered under each subject in Paper 1.

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General Intelligence & Reasoning

- Analogy
- Classifications
- Non-verbal reasoning
- Data sufficiency
- Venn diagram
- Series
- Alphabet or word test
- Puzzles
- Coding-Decoding
- Missing numbers
- Direction & Distances
- Order Ranking



General Knowledge & Awareness

- Science & Technology
- National & International Affairs
- History
- Geography
- Economy
- Polity
- Current events
- Books and Authors
- International Organisations



Quantitative Aptitude

- Algebra
- Geometry
- Simplification
- Profit and Loss
- Data Interpretations
- Mensuration
- Trigonometry
- Average
- Number Systems
- Speed, Time & Distance
- Simple Interest
- Time & work
- Percentage



English Language & Comprehension

- Grammar
- Vocabulary
- Cloze test
- Reading Comprehensions
- Error detection
- Idioms



[Source: KD Live]

SSC CPO Syllabus Paper 2

The image below comprises all the topics covered under Paper 2.

PAPER 2 SYLLABUS

English Language & Comprehension



- Fill in the Blanks
- Sentence Improvement
- Error Detection
- Sentence Rearrangement
- Idioms and Phrases
- Spelling Correction
- Synonyms
- Antonyms
- Active Passive
- One Word Substitution
- Direct Indirect/ Narration
- Passage/Cloze Test



[Source: KD Live]

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Want to dive deeper into the SSC CPO syllabus? Check out our blog at

[SSC CPO syllabus 2024](#)

SSC CPO Exam Dates 2024

Here are the comprehensive details for the SSC CPO exam timeline for 2024. The table below presents a detailed outline of the important exam dates and related events.

Events	Dates
SSC CPO Notification 2024	4 March 2024
SSC CPO Apply Start Date	4 March 2024
SSC CPO Apply Last Date	28 March 2024
SSC CPO Exam Date	9, 10 & 13 May, 2024

To get all the details about the exam dates, read our blog at

[SSC CPO Exam Date 2024](#)

You've now been equipped with all the essential information regarding the Pattern of SSC CPO. It's time to buckle down and get serious about your preparation. Remember, dedication and preparation are the keys to success. Put your best foot forward, stay focused, and get ready to conquer the exam. If you need further assistance or have any questions, don't hesitate to comment down your query below. We're here to support you every step of the way, and we hope we've addressed all your doubts and queries regarding the Pattern of SSC CPO. Moreover, we suggest regularly visiting the official

[Staff Selection Commission](#)

website for the

[latest updates](#)

, syllabus, and application details.