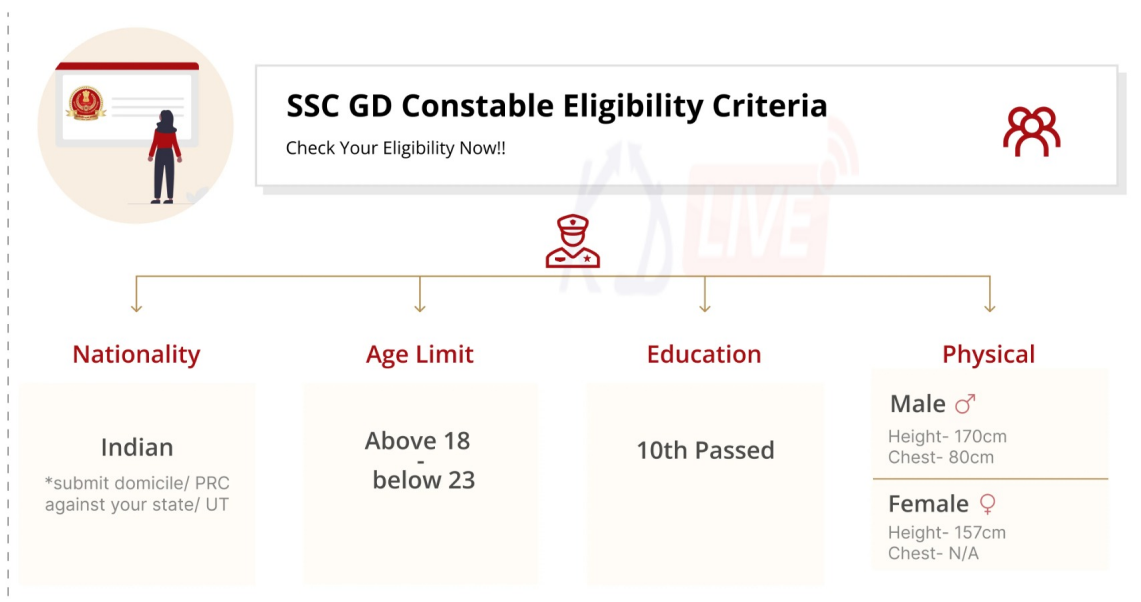


SSC GD Constable Eligibility Criteria - Age, Education

Upon the issuance of the SSC GD Constable notification, there has been a rush among individuals to complete the application process. If you too are caught up in this rush, we encourage you to pause for a moment and assess your eligibility. Confirming your eligibility according to the SSC GD Constable criteria is the initial stride toward becoming a GD Constable. Therefore, join us as we guide you through this process, assisting you in taking the crucial first step in understanding the SSC GD Constable eligibility criteria.

SSC GD Constable Eligibility Criteria - Overview

Certainly! Applying for any exam necessitates acknowledging your eligibility. Consequently, familiarizing yourself with the SSC GD Constable eligibility criteria is crucial. These criteria encompass four key aspects, outlined as follows-



[Source: KD Live]

Nationality

- To be eligible for the SSC GD Constable exam, candidates must hold Indian citizenship.
- Moreover, since vacancies in CAPFs & AR are allocated based on state/UT/area, individuals are required to submit proof of domicile/PRC for their respective state/UT.

Age Limit

- The minimum age requirement is set at 18 years, while the maximum age allowed is 23 years.
- Additionally, certain categories are eligible for age relaxations as per specified guidelines.

SSC GD Constable Eligibility Criteria - Age, Education

SSC GD Constable Age Relaxation	
Categories	Age relaxation beyond the max. age
SC/ ST	5 years
OBC	3 years
Ex Servicemen	Deduct military service from actual age, granting a 3-year reduction.
Children and dependent of victims killed in the 1984 riots or communal riots of 2002 in Gujarat (Unreserved)	5 years
Children and dependent of victims killed in the 1984 riots or communal riots of 2002 in Gujarat (OBC)	8 years
Children and dependent of victims killed in the 1984 riots or communal riots of 2002 in Gujarat (SC/ ST)	10 years

Having familiarized yourself with the age criteria, along with various age relaxation factors, let's now delve into the educational qualification requirements.

Educational Qualification

Applicants are required to have successfully completed the Matriculation or 10th Class Examination from a recognized Board/University.

Physical Qualification

Height:

SSC GD Constable Eligibility Criteria - Age, Education

- Male: 170 cm
- Female: 157 cm

However, there are some relaxations as listed below:

S No	Relaxation for	Male (Cms)	Female (Cms)
(a)	All candidates belonging to Scheduled Tribes	162.5	150.0
(b)	All Scheduled Tribe candidates of North Eastern States (NE States)	157.0	147.5
(c)	All Scheduled Tribe candidates of Left Wing Extremism affected districts	160.0	147.5
(d)	Candidates falling in the categories of Garhwalis, Kumaonis, Dogras, Marathas and candidates belonging to the States/ UTs of Assam, Himachal Pradesh, Jammu & Kashmir and Ladakh	165.0	155.0
(e)	Candidates hailing from the North-Eastern States of Arunachal Pradesh, Manipur, Meghalaya, Mizoram, Nagaland, Sikkim and	162.5	152.5

[Source: ssc.nic.in]

	Tripura		
(f)	Candidates hailing from Gorkha Territorial Administration (GTA) comprising of the three Sub-Divisions of Darjeeling District namely Darjeeling, Kalimpong and Kurseong and includes the following "Mouzas" Sub-Division of these Districts : (1)Lohagarh Tea Garden (2) Lohagarh Forest (3) Rangmohan (4) Barachenga (5) Panighata (6) ChotaAdalpur (7) Paharu (8) Sukna Forest (9) Sukna Part-I (10) Pantapati Forest-I (11) Mahanadi Forest (12) Champasari Forest (13) SalbariChhatpart-II (14) Sitong Forest (15) Sivoke Hill Forest (16) Sivoke Forest (17) ChhotaChenga (18) Nipania.	157.0	152.5

[Source: ssc.nic.in]

SSC GD Constable Eligibility Criteria - Age, Education

Chest:

- It's important to note that chest measurement is not applicable to female candidates. In contrast, male candidates are required to meet the specified chest measurement standards, which are as follows:
 - Un-expanded: 80 cm
 - Minimum expansion: 5 cm

Additionally, the image below illustrates the chest relaxation provided to different categories:

S No	Relaxation for	Un-expanded (cms)	Minimum Expansion (cms)
(a)	All candidates belonging to Scheduled Tribes	76	5
(b)	Candidates falling in the categories of Garhwalis, Kumaonis, Dogras, Marathas and candidates belonging to the States/UTs of Assam, Himachal Pradesh, Jammu & Kashmir and Ladakh	78	5
(c)	Candidates hailing from North-Eastern States of Arunachal Pradesh, Manipur, Meghalaya, Mizoram, Nagaland, Sikkim, Tripura and Gorkha Territorial Administration (GTA)	77	5

[Source: ssc.nic.in]

Now that you have a clear understanding of the SSC GD Constable Eligibility Criteria, let's move on to the next section and explore the various contents outlined in the official notification.

SSC GD Constable Notification - An Overview

The Staff Selection Commission releases the SSC GD Constable Notification on the [official SSC website](#)

. Following this, the application form link becomes active. Moreover, the notification encompasses details about vacancies, posts, salary, and the examination pattern. To delve deeper into this notification, you can check out our blog focused on the

[SSC GD Constable notification](#)

. After gaining a thorough understanding of the SSC GD Constable Eligibility Criteria and notification, we are now sensing that you guys must be wondering about the exam format and structure. If that's the case, rest assured, we have got you covered in the next segment of the blog!

SSC GD Constable Eligibility Criteria - Age, Education

SSC GD Constable Exam Pattern

Keep in mind that the position of GD Constable holds great prestige, leading to intense competition with thousands of candidates vying for a limited number of seats. To successfully navigate this examination, it is crucial to grasp its exam structure. Consequently, let's dive into the SSC GD Constable exam pattern. The recruitment process for SSC GD Constable encompasses the following stages: Computer Based Exam (CBE), Physical Efficiency Test, Physical Standard Test, Medical Examination, and Document verification. However, this segment will specifically delve into the exam pattern of the first stage- the Computer Based Exam.

- The Computer Based Exam is divided into five sections, encompassing General Intelligence and Reasoning, General Knowledge and General Awareness, Elementary Mathematics, and English/Hindi.
- In each subject, there will be 20 questions, each valued at 2 marks, totalling 40 marks per subject.
- The CBE will last for 60 minutes.

Refer to our blog titled

[SSC GD Constable Exam Pattern](#)

to learn about the same in detail. Now that you are aware of the SSC GD Constable Eligibility Criteria, notification and exam pattern, let's move on to the subsequent step and delve into the syllabus.

SSC GD Constable Syllabus

Setting out on a path to success in the SSC GD Constable Exam necessitates having a well-defined plan and a comprehensive grasp of the anticipated obstacles. It can be intimidating to enter the world of competitive exams, but don't worry; we're here to help you navigate the syllabus.

We'll give you tips and tricks to help you master each topic as you dive into the nuances of all the subjects included. Put on your seat belt and let's take a brief look at the SSC GD Constable syllabus.

1. General Intelligence and Reasoning
2. General Knowledge and General Awareness
3. Elementary Mathematics
4. English/ Hindi

For a detailed and topic wise understanding of these subjects, you can read our

[SSC GD Constable syllabus](#)

blog.

SSC GD Constable Post

The Staff Selection Commission is set to administer an open competitive examination for the recruitment of constables (General Duty) within the following organizations:



SSC GD Constable Eligibility Criteria - Age, Education

- Border Security Force (BSF)
- Central Industrial Security Force (CISF)
- Central Reserve Police Force (CRPF)
- Indo-Tibetan Border Police (ITBP)
- Sashastra Seema Bal (SSB)
- Secretariat Security Force (SSF)
- Rifleman (General Duty) in Assam Rifles (AR)
- Sepoy in the NCB (Narcotics Control Bureau)

Lastly, we hope that this blog has resolved the confusion surrounding the SSC GD Constable eligibility criteria, giving you the information you were looking for. Moreover, remember that you've got the knowledge, the determination, and the willpower. You've put in the effort, and now it's time to shine. Trust in yourself, and keep a positive mindset. Best of luck, and remember, you are capable of achieving great things!

